

Chief Instructor

Sensei Kamal Hamdulay

Shibu-Cho (KMAC/IKKO Regional Head of Western Cape)- Head and founder of the Kenwyn Martial Arts Centre in Kenwyn, Cape Town 2001. · Full time instructor · Date of Birth 3/5/1964 · Started training -1984 · 4th Degree (Yondan) · 25 years of training/Study in Okinawan Goju-Ryu Karate-Do · Graded to Shodan by Sensei Thomas Wright Goju Kan Karate in 1989. · Graded to Nidan by Sensei Johan Roux Of Karate Zen South Africa in 1993. · Graded to Sandan by Shihan Johan Roux of Karate Zen South Africa in 1997. · Graded to Yondan by Shihan Imtiaz Abdulla of IKKO 2007. · Started own organization in 2001. · 20 years teaching experience in Okinawan Goju-Ryu Karate. · Former Movement (Physical Education) teacher at Ned Doman Senior Secondary school · Former life saver and swimming coach. · Former instructor and karate coach at University of Cape Town (UCT) 1995-1999 · Attended Gashuku under Shihan Teruo Chinen of Okinawan Jundokan International 2006 · Attended seminar under Sensei Roberto Santana of Brazilian Grappling-Jiu Jitsu Vale Tudo 2006 · Attended seminar under Sensei Pieter Harms of the World Goju Ryu karate Federation of Belgium 2006 · Attended seminar under Sensei James Rousseau founder of South African Goju Ryu 2006 · Appointed regional Head (Shibu Cho) of IKKO in the Western Cape 2008 · Elected KAWP executive member 2009 · Attended seminar under Hanshi Kikugawa Masanari 9th Dan Okinawan Goju Ryu Karate Do Kyokai (OGKK) of Okinawa 2008 · Currently studying the Okinawan Goju Ryu karate under Shihan Imtiaz Abdulla 6th Dan · Currently studying the Motobu Ha Shito Ryu karate style under Shihan Imtiaz Abdulla 7th Dan · Visited Okinawa, Japan in Aug 2009 for 2 weeks and trained with Tetsuhiro Hokama sensei (10th Dan) Hanshi (IKO) and Yoshio Kuba sensei (9th Dan) Hanshi (Kenbukan goju ryu). · Attended the world Okinawan traditional karate and kobudo championships held in Okinawa, Japan every 6 years .